



GEORGETOWN FULL & HALF MARATHON

- Please join us for Georgetown Half Marathon on Saturday, October 14, 2023, at 9:00 AM
- Start and finish at Fletcher's Cove on C&O Canal Towpath, 4940 Canal Road, Washington DC
- USATF-certified course DC21001RT
- We are joined by many who support the empowerment of girls through education in Nepal and in Kenya
- Hosted by Kaimont LLC, assisted by Mercy Center Foundation U.S.A. and Safety And Health Foundation
- Proceeds support Mercy Project in Kenya and Children's Himalayan Foundation in Nepal
- Distinctive awards, finisher medals, live music, and light fare follow our race
- To sponsor the race or to register, please see www.safetyandhealthfoundation.org/georgetownhalf
- To learn more about trekking in Nepal and training in Kenya, please see www.Kaimont.com
- We welcome your participation and support!



Please make your check payable to **SHF (Safety And Health Foundation)**
 611 South Ivy Street, Arlington VA 22204-2429

By entering this event, I agree, warrant and covenant as follows: I know that running is a potentially hazardous activity. I should not enter or run in competitive runs unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, CONTRACTION OF DISEASE INCLUDING COVID-19, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release National Park Service, RRCA, USATF, Kaimont LLC, Mercy Center Foundation U.S.A, DC Capital Striders, Safety And Health Foundation, and all sponsors, their directors, officers, employees, agents; representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I acknowledge that the application fee is non-refundable. I agree that you may use my name and likeness for publicity purposes.

Signature _____ (parent or guardian if under 18) Date ____ - ____ - ____

Name _____ M | F ____ Age on 10/14/2023 ____

Address _____ Birthdate ____ - ____ - ____ (mm-dd-yyyy)

City _____ ST ____ ZIP _____

E-mail _____ T-shirt (XS S M L XL XXL) ____

Best 13.1-mile time ____ : ____ : ____ When/Where? _____ Phone ____ - ____ - ____

Enclosed is my entry fee, payable to SHF:

\$60 by August 7, 2023

\$75 by September 7, 2023

\$100 on or after September 8, 2023

Active Duty Military or Students may take a \$10 discount

Armed force: _____ School: _____

You may register at packet pick-up on Friday, October 13, by cash or check. No race-day registration, please.

Here is an additional tax-deductible donation of \$_____ to Himalayan Children's Foundation Mercy Center Foundation

\$ 5 Local

\$ 50 Nation

\$ 500 Galaxy

\$ 10 County

\$ 100 Continent

\$1,000 Universe

\$ 25 State

\$ 250 World

\$2,500 Infinity

Please make your donation check separate from your entry fee.

We recognize all corporate and leading sponsors on our [web page](#)