



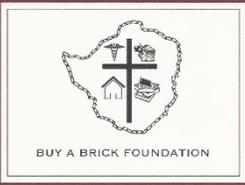
Abebe Bikila wins the 1960 Rome Olympic Marathon, barefoot



Ethiopian Flag



International Olympic Flag



18th Abebe Bikila Day International Peace Marathon & Half

Saturday, September 14, 2024

8:00 AM full marathon – 8:00 AM and 9:00 AM half marathon

C&O Canal Towpath at Fletcher's Cove, 4940 Canal Road, Washington DC

A great tune-up for fall marathons! • Enter early at www.safetyandhealthfoundation.org/bikila
Commemorating the 62nd anniversary of Abebe Bikila's gold medal at the Rome Olympic Marathon on September 10, 1960
10 September is Ethiopian New Year's Day • 21 September is International Peace Day

- Awards**
 - Commemorative t-shirt for all entrants • Medals to all finishers • International music and post-race picnic
 - \$1,000 in cash prizes in the **8:00 AM marathon** -- \$250 for first place overall M/F, \$150 for second place M/F, \$100 for third place M/F
 - Awards for top 3 finishers by 10-year age-group M/F in the **8:00 AM marathon** • This race maybe last chance to qualify for Boston 2023
 - Awards for top 3 M/F overall in the **8:00 AM half marathon** (it's less competitive – no awards)
 - Awards for top 3 M/F overall and top 3 finishers by 10-year age-group M/F in the **9:00 AM half marathon**
- Grand Prix:** • If you complete either race, you are entered in SHF's 2024 Grand Prix Series
- \$100 cash award to anyone who completes all 3 SHF full or half marathons in 2024 • May 4, September 14, and October 19
- Host hotel** • Crystal City Marriott at Reagan National Airport (703-413-5500) for \$139 / night Thursday, September 12, to Monday, September 15
- Last day to book: Friday, August 14, 2024 • Event code "**SHF Marathon Sep2024**"
- Pre-Race:** • Packet assembly/early pick-up • Thursday, September 17, 5-7 PM. ACE Physical Therapy, 2841 Hartland Road #401, Falls Church VA
- Pre-Race** • Packet pick-up • Friday, September 13, from 12:00 noon to 5:45 PM • Pacers Running Store, 3100 Clarendon Boulevard, Arlington VA
- Dinner:** • Pre-race dinner • Friday, September 13, at 6:15 PM, Big Tony's Pizzeria, 3100 Clarendon Blvd, Arlington VA – 2 doors west of Pacers
- Taxi Cab:** • Add \$10 for a round-trip via Red Top Cab departing at 7:00 AM, arriving 7:20 AM. We call for return whenever we have 3 or more waiting
- At the race** • Meet the area's top international athletes • Mostly flat along Potomac River on gravel trail • USATF certified course DC09005RT
- Post-race** • International music & picnic and authentic Ethiopian enjera breakfast
- Benefits** • Buy A Brick Foundation • www.buyabrickfoundation.org and www.stompoutmalaria.com
- Ethio-American Athletics Association • DC Capital Striders • Marathon Charity Cooperation
- Sponsors** • Dama Pastry & Café, Big Tony's Pizzeria, Pacers Running Store, Trader Joe's
- Join us as a sponsor • See www.safetyandhealthfoundation.org/bikila/sponsor.doc



ABEBE BIKILA DAY INTERNATIONAL PEACE MARATHON & HALF REGISTRATION FORM

Make checks payable to SHF 611 South Ivy Street, Arlington VA 22204-2429

By entering this event, I agree, warrant and covenant as follows: I know that running is a potentially hazardous activity. I should not enter or run in competitive runs unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, CONTRACTION OF DISEASE INCLUDING COVID-19, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release Safety And Health Foundation, National Park Service, USATF, Road Runners Club of America, Pacers Running Stores, Washington DC, and all sponsors, their directors, officers, employees, agents; representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I acknowledge that the application fee shall be non-refundable. I agree that you may use my name and likeness for publicity purposes.

Signature _____ (parent or guardian if under 18)

Name _____ Gender (M) (F) Age as of 9/14/2024 [] []
 Address _____ Birthday _____ (mm-dd-yyyy)
 City ST ZIP _____ Phone _____
 E-mail _____ T-shirt (S) (M) (L) (XL) (XXL)

Event: 8:00 AM Full Marathon 8:00 AM Half Marathon 9:00 AM Half Marathon
 Best time ____:____ Half Marathon Full Marathon When? _____ Where? _____

Save up to \$30 by registering early --- on-line at www.safetyandhealthfoundation.org/bikila

Enclosed is my entry fee, payable to SHF: No race-day registration, please

\$70 by March 31 \$80 by May 31 \$90 by July 31 \$100 by September (no race-day entry)

Add \$10 - Red Top Cab round-trip at 7:00 AM to the 8:00 start before the race & back after the race

Enclosed also is a tax-deductible donation to Buy A Brick Foundation DC Capital Striders EAAA Marathon Charity Cooperation SHF