

ATHLETES

To view a list of athletes (with links to their biographies) in alphabetical name group order (based on SURNAME) please select a letter from below:

Select a letter

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Country

Select An Athlete(ordered by surname)

MEN

WOMEN

BIOGRAPHIES

Tolla Girma  ETH

Sex	Weight	Height	Date of Birth	Place of birth
M	57.00	1.71	13/10/1975	

Information

He had a breakthrough in 1998, when he improved by 1:23 at 10000.

Personal Best - Outdoor

	Performance	Wind	Place	Date
2000 Metres	5:02.01		Milano	05/06/1998
3000 Metres	7:42.98		Cottbus	26/05/1999
5000 Metres	13:15.72		Hechtel	01/08/1998
10,000 Metres	27:13.48		Hengelo	30/05/1999
10 Kilometres	28:29		Minneapolis, MN	02/08/2008
20 Kilometres	57:42		Paris	16/10/2005
One Hour	20.102		Hengelo	01/06/2009
Half Marathon	1:01:26		Philadelphia, PA	21/09/2008
Marathon	2:10:33		Enschede	16/05/2004

Personal Best - Indoor

	Performance	Wind	Place	Date
2000 Metres	5:03.75		Gent	11/02/2000
3000 Metres	7:38.48		Stuttgart	04/02/2001
Two Miles	8:12.80		Birmingham, GBR	18/02/2001

Progression - Outdoor

	Season	Performance	Wind	Place	Date
2000 Metres	1998	5:02.01		Milano	05/06/1998
3000 Metres	2001	7:46.60		Doha	18/05/2001
	1999	7:42.98		Cottbus	26/05/1999
5000 Metres	2000	13:21.04		Oslo	28/07/2000
	1999	14:17.19		Bratislava	08/06/1999
	1998	13:15.72		Hechtel	01/08/1998
10,000 Metres	2003	29:05.02		Hengelo	01/06/2003
	2001	27:22.84		Hengelo	04/06/2001
	2000	27:20.03		Villeneuve-d'Ascq	17/06/2000
	1999	27:13.48		Hengelo	30/05/1999
	1998	27:32.02		Hengelo	01/06/1998
	1997	28:55.67		Arona	10/05/1997
10 Kilometres	2008	28:29		Minneapolis, MN	02/08/2008
20 Kilometres	2005	57:42		Paris	16/10/2005
	2003	58:29		Paris	19/10/2003
One Hour	2009	20.102		Hengelo	01/06/2009
Half Marathon	2011	1:02:46		New York City, NY	20/03/2011
	2008	1:01:26		Philadelphia, PA	21/09/2008

	2003	1:02:06	Breda	05/10/2003
Marathon	2009	2:12:11	Nagano	19/04/2009
	2007	2:16:19	Tempe, AZ	14/01/2007
	2006	2:15:56	Hamburg	23/04/2006
	2005	2:12:38	Paris	10/04/2005
	2004	2:10:33	Enschede	16/05/2004

Progression - Indoor

	Season	Performance	Wind	Place	Date
2000 Metres	2000	5:03.75		Gent	11/02/2000
3000 Metres	2001	7:38.48		Stuttgart	04/02/2001
	2000	7:38.68		Karlsruhe	29/01/2000
Two Miles	2001	8:12.80		Birmingham, GBR	18/02/2001

Honours

	Rank	Performance	Wind	Place	Date
10,000 Metres					
27th Olympic Games	11 f	27:49.75		Sydney	25/09/2000
7th IAAF World Championships in Athletics	4 f	28:02.08		Sevilla	24/08/1999
Long Race					
27th IAAF World Cross Country Championships	17 f	40:59		Belfast	28/03/1999
25th IAAF CROSS COUNTRY CHAMPIONSHIPS	27 f	36:47		Torino	23/03/1997